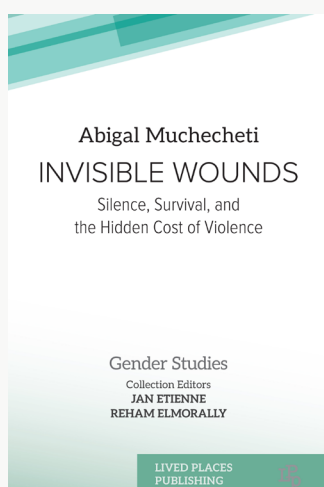




Invisible Wounds: Silence, Survival, and the Hidden Cost of Violence

AUTHOR Abigal Muchecheti

COLLECTION EDITED BY Jan Etienne & Reham ElMorally

COLLECTION

Gender Studies

EDITION

1st edition

MARKET

College/higher education
and Professional and
Scholarly

This course reading...

- Challenges narrow definitions of domestic violence by foregrounding emotional and psychological abuse as devastating forms of harm.
- Combines lived experience, survivor testimonies, and feminist scholarship in a powerful autoethnographic framework.
- Explores the intersections of gender, disability, stigma, family silencing, and religious expectations.
- Engages African and global feminist thinkers to connect personal experiences with structural and systemic analysis.
- Reframes domestic violence as a collective social responsibility, calling for cultural and institutional transformation.
- Ideal for survivors, advocates, scholars, and students in gender, disability, and African studies.

How do emotional and psychological wounds of domestic violence shape women's dignity, identity, and survival?

In *Invisible Wounds: Silence, Survival, and the Hidden Cost of Violence*, **Dr Abigal Muchecheti** confronts the often-unseen realities of domestic violence, insisting that abuse extends far beyond physical harm. Through her deeply personal feminist autoethnography, **Dr Abigal Muchecheti** examines how betrayal, humiliation, enforced silence, and exposure to sexual risk inflict profound and lasting damage. Drawing on her lived experience, she explores how stigma, family silencing, and religious expectations intensified that harm, while reflecting on the double vulnerability created by disability. By weaving together personal narrative, anonymised survivor testimonies, and African and global feminist scholarship, **Muchecheti** bridges intimate experience with broader structural analysis, engaging the works of influential feminist thinkers to illuminate the intersections of violence, gender, disability, and power.

Accessible yet academically rigorous, this book reframes domestic violence not as a private tragedy but as a collective social responsibility. It calls for cultural, institutional, and systemic transformation, offers survivors recognition, and advocates a powerful framework for challenging the silences surrounding emotional and psychological abuse.

Ideal for survivors, gender studies scholars, disability studies researchers, advocates, social workers, and students of African feminist thought seeking deeper insight into domestic violence, stigma, and women's dignity.

Dr Abigal Muchecheti is a Zimbabwean-British writer, researcher, and advocate whose work combines feminist scholarship, lived experience, and community activism to address domestic violence, disability, race, and systemic exclusion.

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