

## At Home with Schizophrenia: A Family's Journey

AUTHOR Margaret Hawkins COLLECTION EDITED BY Damian Mellifont

соцестом Disability Studies

EDITION

1st edition

MARKET
College/higher education
and Professional and
scholarly

## This course reading...

- A powerful first-hand family narrative that sheds light on the realities of untreated schizophrenia.
- Combines memoir, social critique, and medical insight to challenge stigma and silence.
- Highlights the healing potential of timely diagnosis, treatment, and community support.
- Written with honesty, empathy, and humor, offering hope for families facing similar struggles.
- Ideal for students and professionals in social work, psychology, counseling, and disability studies, as well as families seeking understanding and support.

What happens when a loved one lives for decades with untreated schizophrenia, hidden in plain sight within their own home?

At Home with Schizophrenia is Margaret Hawkins' moving account of her sister Barb's 30-year struggle with undiagnosed severe mental illness, and the extraordinary recovery that began only after their parents' death.

Hawkins writes with honesty, empathy, and flashes of humor as she explores the secrecy and stigma that silenced her family, the deep love that carried them through, and the dedicated professionals who helped Barb reclaim her life. Her story sheds light on the realities of mental illness while affirming the hope made possible by diagnosis, treatment, and care.

Ideal for students and professionals in social work, psychology, counseling, disability studies, and family studies, as well as families and advocates seeking greater understanding of schizophrenia and recovery.

**Margaret Hawkins** is a writer, arts journalist, and teacher whose work spans fiction, memoir, and essays, with publications in leading outlets and a focus on art, ideas, and mental health.

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