



# Motherland: The Lived Experiences of New Mothers Attending Community Groups in Developing a Sense of Self and Belonging

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COLLECTION  
Gender Studies

EDITION  
1st edition

MARKET  
College/higher education  
and Professional and  
scholarly

## This course reading...

- Illuminates the lived experiences of new mothers attending community groups as they navigate parenthood
- Provides a specific focus on maternal care beyond the home, underpinned by attachment theory
- Contributes to the Early Education and Care (ECEC) dialogue, about families and childhood from birth, with an emphasis on community care
- Is ideal reading for students of Gender Studies and related courses, Healthcare, Psychology, Sociology, Social Work, Early Childhood Studies, and new parents

### In what ways can attending community groups help to develop a sense of self and belonging for new mothers as they navigate parenthood?

Using examples of lived experiences from mothers past and present, *Motherland* invites readers to explore how community groups have shaped and supported the social identity of their members.

Author **Amanda Norman** considers maternal care beyond the home and the importance of listening to new mothers as they share their lived experiences. *Motherland* explores women's community groups from historical and contemporary perspectives, and illustrates the power of a collective group and social identity in shaping mothers' relationships with their infants and each other.

Reflecting on the power of social identity and the importance of community work in supporting parents and families, this book is ideal reading for students of Gender Studies and related courses, Healthcare, Psychology, Sociology, Social Work, Early Childhood Studies, and new parents.

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