



# On Being Neurodivergent and Mentoring Autistic Students in Higher Education: Breaking Down the Barriers of Exclusion

AUTHOR Jorik Mol

COLLECTION EDITED BY Damian Mellifont, Jennifer Smith-Merry

## COLLECTION

Disability Studies

## EDITION

1st edition

## MARKET

College/higher education and Professional and scholarly

## This course reading...

- Draws from the author's lived experience as an Autistic Higher Education mentor for Autistic students in the UK to address inequality at universities.
- Offers guidance on how to best support Neurodivergent students including teaching radical empathy, values-driven motivation, and self-advocacy.
- Is ideal reading for students of Education, Disability Studies, Sociology, Psychology, and Queer and LGBT+ Studies, as well as education practitioners and policy makers.

## How can we balance the see-saw of Autistic inequality in Higher Education?

Universities can sometimes exclude Autistic students from getting the most out of their experience. As one of the only Autistic Higher Education mentors for Autistic students in the UK, **Jorik Mol** seeks to improve the experience of Neurodivergent students by encouraging universities to listen to them.

Drawing from his own lived experience, and using interviews from his own mentees, **Mol** offers guidance on how to best support students, emphasising the need to teach radical empathy, values-driven motivation, and self-advocacy.

Exploring topics including community, boundaries, and burn-out, while pushing hard against the status quo, this book is ideal reading for students of Education, Disability Studies, Sociology, Psychology, and Queer and LGBT+ Studies, as well as education practitioners and policy makers.

**Jorik Mol** (he/him) is an Autistic Mentor, and Freelance Autism and Neurodiversity Consultant.

Print edition: \$25 / £19.99

Ebook editions: \$20 / £14.99

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