



# Irish University Students with Mental Health Difficulties: Experiences, Challenges and Supports

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COLLECTION EDITED BY Janise Hurtig

COLLECTION  
Education Studies

EDITION  
1st edition

MARKET  
College/higher education  
and Professional and  
scholarly

## This course reading...

- Draws from in-depth interviews with students with mental health difficulties in higher education.
- Explores the experience of navigating the transition to university, accessing support, managing coursework and expectations, while also forming relationships, identity, and a sense of belonging.
- Is ideal reading for students of Education, Mental Health, Psychology, Sociology, and Cultural Anthropology.

## How can universities better support students who are struggling with their mental health?

Drawing on hours of in-depth interviews, this book examines the lived experiences of students with mental health difficulties in higher education. Author **Emma Farrell** aims to illuminate the experience of navigating the transition to university, accessing support, managing coursework and expectations, while also forming relationships, identity, and a sense of belonging.

Emphasising the importance of the student voice in improving student well-being, this book is ideal reading for students of Education, Mental Health, Psychology, Sociology, and Cultural Anthropology.

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Print edition: \$32.5 / £25.99