

Sickness in Style: A Memoir of Distress and Dislocation through Dress

AUTHOR Nica Cornell collection Edited by Joseph H. Hancock II

COLLECTION
FashionandPersonalStyleStudies

EDITION

1st edition

MARKET
College/higher education
and Professional and
scholarly

This course reading...

- Offers a personal account of complex PTSD and recovery through dress.
- Uses items such as an Ankara sheath dress and Sub fusc to illustrate the personal challenges of dressing, exploring themes of alienation, accessibility, and dislocation.
- Is ideal reading for students of Fashion Studies, Disability Studies, Psychology, and Migration Studies.

How can dress impact a journey through disabling illness and recovery from South Africa to London?

Navigating the development of her complex Post Traumatic Stress Disorder from her home in South Africa, to university in Oxford, and recovery in London, author **Nica Cornell** uses the garments she travelled with to reflect on her experience. Cornell explores the effect of garments such as her Ankara sheath dress, Sub fusc, and second-hand clothing, and how they influenced her experience of alienation, exclusion, and realisation.

Sickness in Style explores the challenges of dressing and how it can become an obstacle to accessing the external world, as well as how beauty can be rediscovered through second-hand outfits. This book is ideal reading for students of Fashion Studies, Disability Studies, Psychology, and Migration Studies.

Nica Cornell is a South African writer, scholar, and podcast host.