



My Precious Legacy: Slave Culture in the American South

AUTHOR Deirdre Foreman
COLLECTION EDITED BY Christopher McAuley

COLLECTION
Black Studies

EDITION
1st edition

MARKET
College/higher education
and Professional and
scholarly

This course reading...

- Draws on autoethnography to explore the cultural legacy of enslaved Africans in the American South
- Considers slave culture through the autobiographical lens of one descendant's reflections on her family history
- Is ideal reading for students of Black studies, African American studies, Africana studies, anthropology, cultural history, American studies, American history, and related interdisciplinary courses

What was the cultural legacy of enslaved Africans in the American South, and how has that legacy been handed through generations?

For author **Deirdre Foreman**, this question is a very personal one. Through autobiographical reflection on her own family and heritage, she explores a "culture of survival" and how enslaved Africans sought to maintain cultural distinction from their enslavers to create a sense of independence and pride. Slave culture of the antebellum period was mostly a combination of West African traditions, spiritual rituals, and rebellions, and in this book Foreman tells in her own words her journey of discovering how her family's culture is directly rooted in that of her African ancestors.

Ideal reading for students of Black studies, African American studies, Africana studies, and related courses, this autoethnography humanises and personalises concepts that are crucial to the understanding of Black culture and Black history.

Deirdre Foreman PhD is Adjunct Professor of Africana Studies and Social Science at Ramapo College of New Jersey. An anti-racist trainer and diversity consultant, Foreman is also a visiting professor at Kwame Nkrumah University of Science and Technology (KNUST) in Kumasi, Ghana; President of Association for the Study of African American Life and History (ASALH) Manhattan Branch; and a member of both the Association for the Study of the Worldwide Diaspora (ASWAD) and the Diopian Institute for Scholarly Advancement (DIOP).

Print edition: \$19.99 / £25

Ebook editions: \$14.99 / £20

Available as part of the 2023 Library Collection of 40 titles.