



Breaking the Boundaries: On Lived-Experience Mentorship for Autistic Students in Higher Education

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COLLECTION EDITED BY Damian Mellifont

COLLECTION
Disability Studies

EDITION
1st edition

MARKET
College/higher education
and Professional and
scholarly

This course reading...

- Draws from the author's lived experience as an Autistic Higher Education mentor for Autistic students in the UK to address inequality at universities.
- Offers guidance on how to best support Neurodivergent students including teaching radical empathy, values-driven motivation, and self-advocacy.
- Uses case studies from the author's experience working with autistic students.
- Includes a question and answer section.
- Is ideal reading for students of Education, Disability Studies, Sociology, Psychology, and Queer and LGBTQ+ Studies, as well as education practitioners and policy makers.

How can we break the systems excluding autistic people from higher education?

Universities and colleges are built on systems that by nature exclude Autistic students, since they're built on neurotypical foundations. As one of the few actually autistic Higher Education mentors for Autistic students in the UK, **Jorik Mol** seeks to improve Autistic students' lives by validating their experience and challenging universities to listen to them.

Drawing from his own lived experience, and building on case studies, working alongside his mentees, **Mol** offers guidance on how to best support students, emphasising the need to normalise radical empathy, values-driven motivation and self-advocacy.

Exploring topics including community, boundaries, and burn-out, while pushing hard against the status quo, this book is ideal reading for students of Education, Disability Studies, Sociology, Psychology, and Queer and LGBTQ+ Studies, as well as education practitioners and policy makers.

Jorik Mol (he/him) is an autistic Mentor, author and Freelance Autism and Neurodiversity Consultant.

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