



The Resilient Teacher: Creating Positive Change through Inclusive Classrooms

AUTHOR Sarah L. Schlessinger
COLLECTION EDITED BY Janise Hurtig

COLLECTION
Education Studies

EDITION
1st edition

MARKET
College/higher education
and Professional and
scholarly

This course reading...

- Explores the experiences of teachers who are working for social justice and inclusion in their classrooms
- Offers tools and techniques to equip teachers for inclusive teaching practices and the resilience to persist in challenging exclusionary structures
- Is ideal reading for teachers in practice and preparation, as well as students of Education Studies, Disability Studies, Critical Race Theory Studies, Sociology, Cultural Anthropology, and related courses.

How can a teacher work towards social justice and inclusion in their classroom, while building the resilience needed to maintain healthy balance for themselves?

Recognising and challenging exclusionary structures and practices in schools is crucial to reach and teach every child, but can be stressful for the teachers and staff in the classroom. Through exploring the experiences of real teachers doing this work, author **Sarah Schlessinger** offers inclusive teaching practices and tools for resilience to equip teachers for ongoing success.

Ideal reading for classroom teachers of all specialisations in practice and in preparation, this book will also be of interest to higher education students of Education Studies, Disability Studies, Critical Race Theory Studies, Sociology, Cultural Anthropology, and related courses.

Sarah Schlessinger EdD is a Clinical Assistant Professor in the Department of Teaching and Learning in the NYU Inclusive Childhood Teacher Residency Program. Her research and teaching focus on social justice as it is enacted through inclusive classroom practices. She is co-author of *Narratives of Inclusive Teaching: Stories of Becoming in the Field* (2021).

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