



Irish University Students with Mental Health Difficulties: Experiences, Challenges and Supports

AUTHOR Emma Farrell
COLLECTION EDITED BY Janise Hurtig

COLLECTION
Education Studies

EDITION
1st edition

MARKET
College/higher education
and Professional and
scholarly

This course reading...

- Draws from in-depth interviews with students with mental health difficulties in higher education.
- Explores the experience of navigating the transition to university, accessing support, managing coursework and expectations, while also forming relationships, identity, and a sense of belonging.
- Is ideal reading for students of Education, Mental Health, Psychology, Sociology, and Cultural Anthropology.

How can universities better support students who are struggling with their mental health?

Drawing on hours of in-depth interviews, this book examines the lived experiences of students with mental health difficulties in higher education. Author **Emma Farrell** aims to illuminate the experience of navigating the transition to university, accessing support, managing coursework and expectations, while also forming relationships, identity, and a sense of belonging.

Emphasising the importance of the student voice in improving student well-being, this book is ideal reading for students of Education, Mental Health, Psychology, Sociology, and Cultural Anthropology.

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